

- ✓ Get a kit
- ✓ Make a plan
- ✓ Stay informed

It could take time for help to arrive if businesses close, fallen trees block roads and power goes out in your area. You should have general supplies to support your household for at least three days, including:

- Water, at least three gallons per person for drinking and sanitation
- Food that does not need electricity for storage or for preparation
- Manual can opener for food (if kit contains canned food)
- Battery-powered or hand crank radio and a weather alerting radio and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Prescription medications and eyewear
- Dust mask, to help filter contaminated air, plastic sheeting and duct tape to shelter where you are
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities

You might have to evacuate your home during events such as chemical spills, explosions or hurricanes. Try to stay with family and friends, or at a hotel or motel. If you have to go to a public shelter you should take important supplies with you that will support your family for at least three days.

Remember the needs of babies in your family when making your emergency supply kit.

- Formula
- Bottled water to mix with formula and to wash bottles
- Bottles
- Blankets (both emergency blankets and receiving blankets)
- Diapers – keep the diaper size current
- Disposable wipes
- Copy of a current shot record
- Bath towels and wash cloths
- Burp cloths, bibs
- Binkies and toys
- Cotton swabs
- Medications
- Diaper rash ointment

Additional items to consider for your emergency supply kit:

- Local maps
- Copies of important family documents, such as insurance policies, identification and bank account records in a waterproof, portable container
- Cash in small denominations or traveler's checks and change
- Sleeping bag or warm blanket for each person
- Complete change of clothing, including a long-sleeved shirt, long pants, socks and sturdy shoes
- Books, games, puzzles or other activities for children

Your family pets should have their own supplies in an emergency supply kit.

- Identification tags on collars
- Medications, immunization records
- Sturdy leashes or carriers to transport pets safely (Carriers should be large enough for the pet to stand up, turn around and lie down)
- Towels or blankets
- Current photos of you with your pets
- Food, drinking water, bowls, cat litter/pan and can opener
- Feeding schedules, medical conditions, behavior problems, and the name and number of your veterinarian
- Pet beds and toys